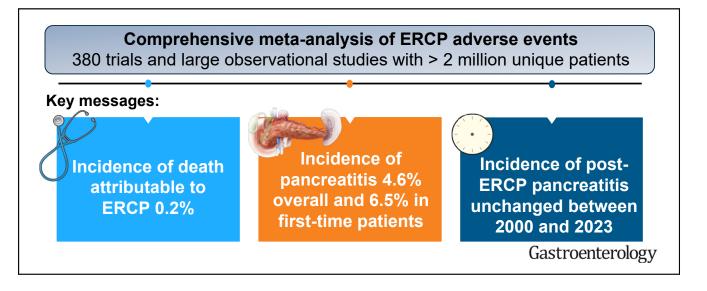
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Adverse Events Associated With Endoscopic Retrograde Cholangiopancreatography: Systematic Review and Meta-Analysis

Check for

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BACKGROUND & AIMS: Endoscopic retrograde cholangiopancreatography (ERCP)-related adverse events (AEs) are associated with morbidity, mortality, and health care expenditure. We aimed to assess incidences and comparisons of ERCP AEs. **METHODS:** We included studies performed after 2000 reporting on ERCP AEs from database inception through March 12, 2024. Outcomes included pancreatitis, bleeding, cholangitis, cholecystitis, perforation, and death. DerSimonian and Laird random effects meta-analyses were performed to calculate incidences of AEs. Subgroup and pairwise metaanalyses were performed. Meta-regression was performed on median recruitment year to assess temporal trends in pancreatitis incidence. **RESULTS:** A total of 380 studies were included. The incidence of death attributable to ERCP was 0.2% (95% confidence interval [CI], 0.1%–0.3%; I^2 , 44%; n = 47,258) in all-comers. The overall incidence of pancreatitis was 4.6% (95% CI, 4.0%–5.1%; I^2 , 96%; n = 293,378) among all-comers and 6.5% (95% CI, 5.9%–7.1%, I^2 , 89%; n = 88,809) among first-time patients. Pancreatitis incidence remained stable between 2000 and 2023 (average annual percent change 0.06, 95% CI, –0.27 to 0.39). The overall incidences of the following AEs for all-comers were: bleeding (1.5%; 95% CI, 1.2%–1.7%; I^2 , 93%; n = 229,655), cholangitis (2.5%; 95% CI, 1.9%-3.3%; I^2 , 96%; n = 121,619), cholecystitis (0.8%; 95% CI, 0.5%-1.2%; I^2 , 39%; n = 7799), and perforation (0.5%; 95% CI, 0.4%-0.6%; I^2 , 90%; n = 306,378). **CONCLUSIONS:** ERCP-associated AEs remain common. Incidence of post-ERCP pancreatitis remained static despite improvements in techniques, prevention, and recognition. These results are important to patients, endoscopists, and policy makers to inform consent and to encourage implementation of available risk mitigation strategies.

Keywords: ERCP; Pancreatitis; Bleeding; Adverse Event; Complication; Quality.

E ndoscopic retrograde cholangiopancreatography (ERCP) is commonly performed for pancreaticobiliary conditions and is technically complex.¹⁻³ Unsurprisingly, ERCP is associated with a high rate of adverse events (AEs).^{4,5} ERCP procedural volumes in the United States have remained stable over time^{6,7} despite the advent of alternate endoscopic strategies with lower AE rates,⁸ underscoring not only the continued importance of ERCP but also pointing to potential overuse.⁹ ERCP is currently performed by both low- and high-volume providers and at low- and high-volume centers, with significant variability in reported AEs.^{10,11}

ERCP-related AEs include post-ERCP pancreatitis (PEP), bleeding, cholangitis, cholecystitis, perforation, and even death. The collective incidence of ERCP-associated AEs has been demonstrated to exceed 10%,^{4,5,10,11} with PEP being the most well-studied. Despite concerted and widespread efforts to improve ERCP quality, identify risk factors for PEP, and implement protective measures, the mortality associated with PEP is rising.^{12,13} The average costs associated with PEP exceed \$10,000 USD per admission,^{14,15} suggesting that PEP accounts for more than \$300 million in annual US health care spending.¹⁶⁻¹⁸

Despite an abundance of primary literature describing ERCP-associated AEs, there remains a relative lack of highquality evidence syntheses. A recent study reported the pooled incidence of PEP from more than 140 randomized controlled trials (RCTs).¹² Importantly, this study did not calculate incidences of any other AEs. In addition, no evidence syntheses have reported incidences of PEP from observational studies, which assess populations that are often more generalizable to "real-world" clinical settings and are thus necessary to fully understand ERCP AEs.^{19,20} Furthermore, no high-quality meta-analyses have been performed of AE rates in specific clinically relevant subgroups, including those established as risk factors for AEs.²¹

Given that ERCP-related AEs are common and are associated with significant morbidity, mortality, and health care burden, high-quality contemporary pooled estimates and comparisons are needed to inform patients, providers, and other stakeholders of procedural risks. We aimed to bridge these important gaps by conducting a comprehensive contemporary systematic review and meta-analysis of ERCP AEs from both RCTs and observational studies.

WHAT YOU NEED TO KNOW

BACKGROUND AND CONTEXT

Endoscopic retrograde cholangiopancreatography is a commonly performed endoscopic procedure with a relatively high rate of adverse events.

NEW FINDINGS

In this meta-analysis of 380 studies, death attributable to endoscopic retrograde cholangiopancreatography was 0.2% in all-comers. Pancreatitis incidence remained stable between 2000 and 2023. The incidences of the adverse events for all-comers were as follows: bleeding (1.5%), cholangitis (2.5%), cholecystitis (0.8%), and perforation (0.2%).

LIMITATIONS

There was substantial to considerable statistical heterogeneity in several of our pooled estimates. Despite meta-regression analyses for patient sex, patient age, and trainee involvement, there still remained substantial heterogeneity.

CLINICAL RESEARCH RELEVANCE

Our study provides contemporary data informing estimated incidences of all common endoscopic retrograde cholangiopancreatography-related adverse events and estimates of magnitudes of risk associated with clinically relevant patient- and procedure-related factors, raising awareness and facilitating implementation of evidence-based interventions to mitigate risks.

BASIC RESEARCH RELEVANCE

incidence of post-endoscopic The retrograde cholangiopancreatography pancreatitis has remained static over the past generation. The study of novel pharmacologic interventions and other basic approaches to mitigate this risk should be a priority.

Methods

Overview and Rationale

We conducted this meta-analysis according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) and Meta-analysis Of Observational Studies in Epidemiology (MOOSE) recommendations^{22,23} (checklists in Supplementary Tables 1 and 2). Our protocol was registered a priori (CRD42020220221) and published.²⁴ Research ethics board approval was not required because we used publicly available data.

We aimed to produce contemporary accurate estimates of incidences of ERCP-related AEs from RCTs and observational

* Authors share co-first authorship.

Abbreviations used in this paper: AE, adverse event; CI, confidence interval; ERCP, endoscopic retrograde cholangiopancreatography; PEP, post-ERCP pancreatitis; RCT, randomized controlled trial; RR, risk ratio.

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studies, both separately and pooled together, and to report AE incidences within relevant subgroups in addition to performing pairwise comparisons to offer relative estimates of risk. Our rationale to report the results from RCTs and observational studies separately stems from potentially important differences in underlying populations included,²⁵ outcomes ascertainment approaches,²⁶ and event reporting,²⁷ among other considerations. Within the context of this review, however, for the purposes of yielding data on incidences of AEs (rather than comparisons of effectiveness of interventions, for example), it could be reasonably argued that RCT data are ultimately no different from those from observational studies. Therefore, the decision was made to report all results from RCTs and large observational studies both separately *and* pooled together.

Data Sources and Searches

We carried out 2 electronic searches, 1 for RCTs and 1 for observational studies, both with the oversight of an experienced health research librarian (Marcus Vaska). Searches were performed of MEDLINE (Ovid), PubMed, CINAHL, EMBASE, Scopus, Web of Science, and Evidence-Based Medicine Reviews. The initial title and abstract search was performed from inception to November 10, 2020, updated on November 21, 2022, then re-updated on March 12, 2024. We used Medical Subject Heading (MeSH) and free-text terms with spelling variations and synonyms (Supplementary Table 3).

Study Selection

An RCT was included if it met *all* the following criteria: (1) it presented original data with any primary research question; (2) either the intervention or control arm comprised adult patients undergoing ERCP for any indication(s); (3) it reported the incidence of an ERCP-related AE (1 or more of PEP, bleeding, cholangitis, cholecystitis, perforation, or death); and (4) \geq 75% of included patients underwent ERCP in the year 2000 or later, with this cutoff chosen to include only studies representative of the current "era" of ERCP. An RCT was excluded if *any* of the following criteria were met: (1) it was not written in English; (2) it was a conference abstract; or (3) the data contained therein overlapped with data from another included study, in part or in whole. In this case, the study with more patients was included.

An observational study was included if it met *all* the following criteria: (1) it presented original data with any primary research question; (2) the primary or secondary objective of the study was to report the incidence of 1 or more ERCP-related AE(s); and (3) \geq 75% of included patients underwent ERCP in the year 2000 or later. An observational study was excluded if *any* of the following criteria were met: (1) it was not written in English; (2) it was a conference abstract; (3) the data contained therein overlapped with data from another included study, in part or in whole; (4) it represented the experience of a single endoscopist; or (5) there were fewer than 500 patients included. The decision to exclude studies with fewer than 500 patients was made to mitigate small-study effects and to reduce the likelihood of including zero-event studies.

We imported all citations into Covidence (Melbourne, Australia) and removed duplicates. Nine reviewers (Kirles Bishay, Zhao Wu Meng, Jordan Iannuzzi, Dylan E. O'Sullivan, Brittany Mah, Arun C.R. Partridge, Amanda M. Henderson, Max DeMarco, Nauzer Forbes) were randomly assigned roughly equal numbers of citations at each review stage. Each record was screened independently by 2 reviewers in duplicate, with a vote of "both include" resulting in the record proceeding to the full-text phase, and with discrepancies resolved by the senior author (Nauzer Forbes). Included records underwent full-text screening by 2 of the preceding reviewers in duplicate, with discrepancies resolved by consensus.

Data Extraction and Risk of Bias Assessment

We extracted data into standardized forms that included study details, patient and endoscopist data, AEs, and outcome definitions, including according to prespecified subgroups (see later in this article) and across relevant pairwise comparisons. For RCTs, data were extracted using the intervention ultimately received, including if crossed over from a different randomly assigned intervention. Outcomes included PEP, bleeding, cholangitis, cholecystitis, perforation, and procedure-related death. The most commonly used definitions of ERCP-related AEs are the consensus definitions,28 which have since been further formalized within the American Society for Gastrointestinal Endoscopy Lexicon²⁹ and used as the basis for more complex schemas and causal attribution systems within ERCP.³⁰ This set of definitions was therefore used as the standard for all ERCPrelated AEs. Given the associated heterogeneity in outcomes and definitions, neither of sedation-related adverse events nor unplanned health care presentations for non-AE reasons were analyzed. Two authors (Howard Guo and Sunil Samnani) conducted risk of bias assessments in duplicate with the Cochrane Risk of Bias tool, version 2 (RoB 2)³¹ for RCTs and the Newcastle-Ottawa Scale³² for observational studies. Discrepancies were resolved by consensus.

Data Synthesis and Analysis

We used DerSimonian and Laird random effects metaanalyses to report incidences of individual post-ERCP AEs with 95% confidence intervals (CIs) from RCTs and observational studies (1) separately and (2) pooled together. For all estimates of AE incidences, both overall and within subgroups, data from RCTs were treated the same as those from observational studies (ie, both were considered "observational-type" data) given that the randomization element was not relevant. Similarly, for most pairwise comparisons of relative risks, RCT data were treated as observational if the variables in question were not used for randomization (eg, female vs male sex, or inadvertent pancreatic duct cannulation vs none). However, for certain pairwise comparisons (eg, use of nonsteroidal antiinflammatory drugs vs placebo, or use of double guidewire technique vs pre-cut sphincterotomy), the interventional arm to which patients were randomized was used for pooled group assignment. In cases in which observational-type data from RCTs were pooled with data from observational studies, P values were provided for comparisons between the individual groups. We measured study weights using the inverse variance method. We measured statistical heterogeneity using the I^2 statistic and considered an l^2 of >50% as indicative of substantial heterogeneity. We assessed publication bias using Egger's test³³ and through visual inspection of funnel plots. Proportional metaanalyses were performed to assess the incidences of mild, moderate, and severe PEP per 100 incident cases in addition

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to PEP-related death. All analyses were conducted using R (R Foundation for Statistical Computing, Vienna, Austria).

All outcomes were calculated for 2 nonoverlapping cohorts: (1) only first-time ERCP patients (ie, those with native papillary anatomy) and (2) all-comers to ERCP (ie, cohorts representative of standard practice, containing first-time patients but also those undergoing repeat ERCPs). "High-risk" patients (ie, those specifically at higher risk of PEP based on patient- and/or procedure-related eligibility criteria) were analyzed separately from the preceding 2 cohorts and presented as their own subgroup. High-risk patients were eligible for inclusion in relevant pairwise analyses but were excluded from any subgroup or sensitivity analyses given that they would falsely elevate AE incidence estimates.

We planned to perform several subgroup analyses based on a priori selected patient factors, procedural indications, intraprocedural factors and techniques, and techniques to mitigate PEP.²⁴ Data informing incidences for relevant procedural parameter-related subgroups were only extracted from studies that reported data from a complementary subgroup. For instance, data on patients undergoing biliary sphincterotomy were taken only from studies that also had data available on balloon dilation alone or sphincterotomy with balloon dilation. This was done to avoid including data within inappropriate contexts-for instance, using the preceding example, if data on patients with sphincterotomy were extracted from a study only reporting this value, it would be unknown whether "sphincterotomy" referred to sphincterotomy alone or with balloon dilation. Subgroup analyses of pooled AE incidences were performed if there were 3 or more studies with available data.

Pairwise meta-analyses were also performed for any comparisons with 3 or more studies available to inform an analysis. For all pairwise analyses, we assessed the certainty of the evidence using the Grading of Recommendations Assessment, Development and Evaluation (GRADE) framework.³⁴ As described previously, data on comparisons of interventions from RCTs not randomizing patients according to those interventions were treated as "observational-type data" from randomized studies and correspondingly treated with a lower starting "certainty of evidence" grade. For comparisons of interventions aiming to mitigate PEP, data were only included if patients were randomized according to the intervention. For each comparison, we assessed inconsistency, indirectness, imprecision, and other sources of bias to yield overall estimates of the certainty of the evidence base. For all pairwise analyses, risk ratios (RRs) were reported along with corresponding 95% CIs.

Sensitivity analyses were also performed according to relevant methodological considerations, including primary study location (North American vs European vs Asian-Pacific), median patient recruitment dates (2000–2007 vs 2008–2014 vs 2015–2023), study design (single center vs multicenter), and outcome definitions used (Lexicon definition vs "other," which included lack of definition, ambiguity regarding definitions, or alternate definitions). Univariable meta-regression using sex, trainee involvement, and mean age was performed to explore heterogeneity in estimates of AE incidences between studies in those with available data. Finally, meta-regression was also performed on median recruitment year, both as a linear term and with restricted cubic spline (with 3 knots) to determine whether temporal trends existed in PEP incidence and whether there was a potentially nonlinear relationship. This analysis was performed for all-comers, in first-time patients, and all combined patients, with studies specifically recruiting high-risk patients excluded as described previously.

Results

Overview and Descriptive Results

We identified 15,949 records and performed full-text review of 658 records. Of these, we included 136 observational studies and 244 RCTs in the meta-analysis. A PRISMA flow diagram outlining the selection process is provided in Figure 1. Characteristics of included RCTs and observational studies are summarized in Supplementary Tables 4 and 5, respectively.

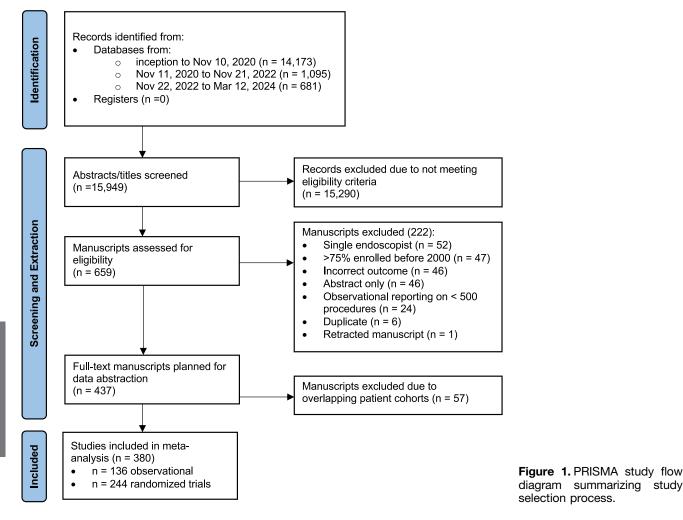
A total of 70,773 patients were included from RCTs. Data from 53,550 patients were used to inform incidence estimates for PEP from 190 RCTs—13,566 all-comers to ERCP and 39,984 first-time patients. From 109 observational studies, data informing PEP incidence were used from 1,502,279 all-comers and 48,825 first-time patients.

Overall Incidences of ERCP-associated AEs

The incidence of PEP from RCTs was 5.5% (95% CI, 4.5%-6.7%) in all-comers and 7.0% (95% CI, 6.3%-7.7%) among first-time patients, with I^2 of 79% and 80%, respectively. From observational studies, the corresponding PEP incidences in all-comers and first-time patients were lower, at 4.1% (95% CI, 3.5%-4.7%) and 5.2% (95% CI, 4.2%–6.4%), respectively (I^2 98% and 94%), with P values of <.01 for both comparisons. These results and overall incidences of bleeding, cholangitis, cholecystitis, perforation, and death attributable to ERCP are provided in Table 1 for all-comers and first-time patients from RCTs and large observational studies. The incidence of death attributable to ERCP was 0.5% (95% CI, 0.3%-0.8%) for all-comers and 0.3% (95% CI, 0.3%–0.4%) for first-time patients using RCT data with protocolized follow-up and event adjudication protocols, whereas the according rates for all-comers and first-time patients from large observational studies were 0.1% (0.1%-0.2%) and 0.1% (0.1%-0.2%), respectively (P < .01 for both comparisons). Forest plots of the pooled incidences of death attributable to ERCP in all-comers are provided in Figure 2. The estimated incidences of clinically significant bleeding ranged between 1.4% and 1.9%, of cholangitis between 1.5% and 4.5%, of cholecystitis between 0.5% and 1.5%, and of perforation between 0.4% and 0.8%. Individual forest plots for these incidences are provided in Supplementary Figures 1 to 24.

Severity of PEP and PEP-related Death

From proportional meta-analyses of 128 RCTs that each necessarily reported separate incidences of mild, moderate, and severe PEP, these proportions were 65.9% (95% CI, 62.0–69.6%) for mild PEP, 27.9% (95% CI, 24.7%–31.3%) for moderate PEP, and 10.2% (95% CI, 8.7%–11.8%) for severe PEP, with forest plots presented in Supplementary



Figures 25 to 27. Death resulted from PEP in 2.6% (95% CI, 1.8%–3.9%) of cases (Supplementary Figure 28).

Subgroup Analyses

Estimates of AE incidences within relevant subgroups and across relevant methodological considerations are summarized in Table 2, with forest plots provided in Supplementary Figures 29 to 85. Subgroups with the highest incidence of PEP based on pre-procedural factors included female patients (7.5%; 95% CI, 6.4%-8.6%), patients with confirmed or suspected sphincter of Oddi dysfunction (15.9%; 95% CI, 12.1%-19.1%) or patients with planned pancreatic interventions as an indication (12.8%; 95% CI, 6.3%-24.2%). In terms of procedural parameters, difficult cannulation resulted in a high incidence of PEP (11.4%; 95% CI, 9.2%-13.9%), with study-specific definitions of difficult cannulation and of high-risk patients overall provided in Supplementary Tables 6 and 7, respectively. The performance of a pre-cut (transpancreatic or suprapapillary) sphincterotomy (incidence 11.1%; 95% CI, 9.2%-13.4%), inadvertent cannulation of the pancreatic duct, including with a guidewire (incidence 12.8%; 95% CI, 9.3%-17.3%), and any degree of pancreatic contrast injection (incidence 11.7%; 95% CI, 9.2%–14.6%) each resulted in high rates of PEP.

An indication of choledocholithiasis resulted in higher rates of clinically significant bleeding compared with an indication of malignant obstruction (2.6%; 95% CI, 1.7%-4.0% vs 0.7%; 95% CI, 0.5%-1.0%). This was the opposite for cholangitis, in which patients with malignant obstruction had an incidence of 8.7% (95% CI, 6.0%-12.6%) vs 2.3% (95% CI, 1.5%-3.5%) for patients with suspected choledocholithiasis; however, the malignant obstruction group's incidence may have been confounded by the placement of biliary stents, a group with a 9.8% incidence of cholangitis (95% CI, 7.0%-13.4%). There were insufficient study data to inform subgroup analyses for other AEs.

Sensitivity Analyses and Meta-regression

Results of sensitivity analyses are provided in Table 2. No significant differences in AE rates were demonstrated according to study location, mean enrollment dates, multior single-center status, or definitions used. Univariable meta-regression demonstrated that differences in mean age of participants may have contributed to heterogeneity in estimates of PEP and cholangitis. Despite adjustments for proportion of male patients, trainee involvement, and mean

	RCTs, all-comers	Observational studies, all-comers	Comparison (P value)	Overall incidence, all-comers	RCTs, first-time patients	Observational studies, first-time patients	Comparison (P value)	Overall incidence, first-time patients
PEP Incidence % (95% Cl) Total patients (no. studies) Heterogeneity % (<i>I</i> ²)	5.5 (4.5–6.7 13,566 (66) 79	4.1 (3.5–4.7) 279,812 (77) 98	<.01	4.6 (4.0–5.1) 293,378 (143) 96	7.0 (6.3–7.7) 39,984 (124) 80	5.2 (4.2–6.4) 48,825 (31) 94	<.01	6.5 (5.9–7.1) 88,809 (155) 89
Clinically significant bleeding Incidence % (95% Cl) Total patients (no. studies) Heterogeneity % (l ²)	1.6 (1.1–2.1) 8228 (38) 64	1.4 (1.1–1.8) 221,427 (52) 96	.69	1.5 (1.2–1.7) 229,655 (90) 93	1.9 (1.6–2.3) 31,903 (101) 71	1.9 (1.2–3.2) 23,014 (19) 97	.70	1.9 (1.6–2.3) 54,917 (120) 88
Cholangitis Incidence % (95% CI) Total patients (no. studies) Heterogeneity % (l ²)	4.5 (3.0–6.6) 5713 (37) 79	1.5 (1.1–2.2) 115,906 (34) 97	<.01	2.5 (1.9–3.3) 121,619 (71) 96	2.0 (1.6–2.5) 22,494 (68) 77	1.7 (1.1–2.4) 15,343 (13) 83	.27	1.9 (1.6–2.4) 37,837 (81) 78
Cholecystitis Incidence % (95% CI) Total patients (no. studies) Heterogeneity % (<i>I</i> ²)	1.4 (1.1–1.9) 612 (7) 0	0.5 (0.2–1.3) 7187 (5) 60	<.01	0.8 (0.5–1.2) 7799 (12) 39	1.0 (0.6–1.9) 5895 (17) 69	1.5 (0.7–2.8) 607 (1) N/A	.73	1.1 (0.6–1.9) 6,502 (18) 67
Perforation Incidence % (95% CI) Total patients (no. studies) Heterogeneity % (l ²)	0.8 (0.5–1.2) 6700 (28) 18	0.5 (0.4–0.6) 299,678 (54) 93	.02	0.5 (0.4–0.6) 306,378 (82) 90	0.7 (0.6–0.8) 25,582 (84) 17	0.4 (0.3–0.6) 16,656 (14) 40	<.01	0.6 (0.5–0.7) 42,238 (98) 30
Death attributable to ERCP Incidence % (95% CI) Total patients (no. studies) Heterogeneity % (<i>I</i> ²)	0.5 (0.3–0.8) 5245 (17) 0	0.1 (0.1–0.2) 42,283 (21) 46	<.01	0.2 (0.1–0.3) 47,528 (38) 44	0.3 (0.3–0.4) 12,783 (38) 0	0.1 (0.1–0.2) 6,770 (7) 0	<.01	0.3 (0.2–0.4) 19,553 (45) 0

Table 1. Pooled Incidences of Major ERCP-related AEs in All-Comers and First-Time Patients From RCTs and Large Observational Studies

NOTE. Boldface values represent the overall incidences (combined between RCT and observational studies). N/A, not applicable.

Study or Subgroup	Events	Total	Weight	IV, Random, 95% Cl	IV, Random, 95% CI
Strata = RCT					
Aletaha 2022	0	270		0.000 [0.000; 0.014]	—
Andriulli 2004	5	1127		0.004 [0.001; 0.010]	-
Bai 2015	0	900		0.000 [0.000; 0.004] 🖛	
Bang 2021	1	98		0.010 [0.000; 0.056]	
Bansal 2014	2	84		0.024 [0.003; 0.083]	
Bassi 2018	0	300	1.6%	0.000 [0.000; 0.012] 💻	_
Buxbaum 2018	1	60	2.6%	0.017 [0.000; 0.089] 🕂	-
Choi 2017	0	510	1.6%	0.000 [0.000; 0.007] 💻	
Conio 2018	0	158	1.6%	0.000 [0.000; 0.023] 💻	
Dellon 2010	0	74	1.6%	0.000 [0.000; 0.049] =	
Forbes 2023	2	518		0.004 [0.000; 0.014]	
Fu 2013	0	282		0.000 [0.000; 0.013]	_
Guo 2015	0	255		0.000 [0.000; 0.014]	_
Halttunen 2013	Õ	100		0.000 [0.000; 0.036]	
Han 2017	Ő	100		0.000 [0.000; 0.036]	
Huang 2018	0	160		0.000 [0.000; 0.023]	
Katsinelos 2005	0	249		0.000 [0.000; 0.015]	
Total (95% CI)	0	5245		0.004 [0.003; 0.007]	
Heterogeneity: $Tau^2 = 0.3$	706. Chi2.				
Helerogeneity. Tau – 0.5	700, UII ·	- 15.54,	ui – 10 (i	² = 0.03), 1 = 0%	
Strata = Obs					
Adler 2016	1	538	2.6%	0.002 [0.000; 0.010]	-
Al-Mansour 2018	0	1801	1.6%	0.000 [0.000; 0.002] 💻	
Colton 2009	0	805		0.000 [0.000; 0.005] 🖛	
del Olmo Martínez 2018	3 4	1512		0.003 [0.001; 0.007] 📕	
Donnellan 2010	0	2603		0.000 [0.000; 0.001]	
Fritz 2006	2	502		0.004 [0.000; 0.014] 📒	_
Hammerle 2012	0	2087		0.000 [0.000; 0.002]	
Han 2016	Õ	624		0.000 [0.000; 0.006]	
Hayashi 2016	Ő	1403		0.000 [0.000; 0.003]	
Joshi 2015	0	629		0.000 [0.000; 0.006]	
Kapral 2012		13513		0.001 [0.000; 0.001]	
Kilic 2019	4	1337		0.003 [0.001; 0.008]	
		672		0.003 [0.000; 0.011]	_
Lee 2019	2 1	2606		0.000 [0.000; 0.002]	_
Lukens 2010					
Nishikawa 2014	1	743		0.001 [0.000; 0.007]	
Oh 2018	0	2787		0.000 [0.000; 0.001]	
Park 2013	4	946		0.004 [0.001; 0.011]	-
Sahar 2019	0	1355		0.000 [0.000; 0.003] 🖷	
Thiruvengadam 2016	2	4017		0.000 [0.000; 0.002]	
Tumi 2015	3	759		0.004 [0.001; 0.012] 📕	-
Yildirim 2017	3	1044		0.003 [0.001; 0.008] 📕	
Total (95% CI)	=	42283		0.001 [0.001; 0.002]	
Heterogeneity: $Tau^2 = 0.3$	786; Chi ² :	= 37.01,	df = 20 (F	P = 0.01); ² = 46%	
Total (95% CI)		47528	100.0%	0.002 [0.001; 0.003]	
Heterogeneity: $Tau^2 = 0.5$	697; Chi ² :				
				df = 36 (P = 0.05); $I^2 = 20\%$	0.02 0.04 0.06 0.08
Test for subgroup differen					
and a set of the set of the set of the					

Figure 2. Forest plots demonstrating the risk of death attributable to ERCP in all-comers (data from randomized trials and observational studies shown separately, then pooled).

age of participants, substantial heterogeneity remained in incidences of AEs (Supplementary Table 8a). Metaregression demonstrated no significant changes in the overall cohort (average annual percent change 0.06; 95%

incidence of PEP over time based on mean RCT study recruitment dates between 2000 and 2023 for either the
 Table 2. Pooled Risks of Major ERCP-related AEs Among Clinically Relevant Subgroups and Across Relevant Methodological

 Considerations and RRs of AEs for Clinically Relevant Pairwise Comparisons Using Pooled Data

	Subgroup and s	ensitivity analyses		
Subgroup	Incidence from RCTs % (95% Cl) No. of patients Heterogeneity % (/ ²)	Incidence from observational studies % (95% CI) No. of patients Heterogeneity % (<i>l</i> ²)	Comparison (P value)	Overall incidence (pooled across study designs) % (95% CI) No. of patients Heterogeneity % (/ ²
Pancreatitis				
Demographics and procedural indicati Female sex	ons 10.0 (7.8–12.6) 4899 80	6.4 (5.4–7.6) 35,045 91	<.01	7.5 (6.4–8.6) 39,944 91
Male sex	6.3 (4.8–8.2) 4958 77	4.8 (4.0–5.6) 34,933 86	.07	5.2 (4.5–6.0) 39,891 85
Choledocholithiasis	6.3 (4.9–8.0) 4286 61	5.3 (3.7–7.6) 14,473 93	.44	5.8 (4.7–7.1) 18,759 86
Malignant obstruction	5.0 (3.6–6.9) 2776 62	5.2 (3.2–8.2) 8278 91	.90	5.1 (3.9–6.5) 11,054 82
Benign stricture	5.2 (1.2–19.8) 568 74	8.4 (3.9–17.3) 2426 90	.38	7.4 (4.1–12.8) 2994 88
Suspected or confirmed sphincter of Oddi dysfunction	15.6 (12.4–19.5) 1,719 48	16.9 (10.5–26.0) 305 47	.72	15.9 (12.1–19.1) 2,024 46
Pancreatic indications/ interventions	11.9 (3.8–31.8) 153 49	14.5 (1.2–71.2) 106 69	.75	12.8 (6.3–24.2) 259 52
Procedural parameters Sphincterotomy (with CBD guidewire) performed	5.2 (3.3–8.0) 1293 51	N/A	N/A	5.2 (3.3–8.0) 1293 51
Sphincteroplasty performed (of intact sphincter)	6.9 (4.5–10.5) 687 27	N/A	N/A	6.9 (4.5–10.5) 687 27
Sphincterotomy and sphincteroplasty performed	4.5 (2.8–7.2) 564 0	N/A	N/A	4.5 (2.8–7.2) 564 0
High-risk ERCP ^a	11.0 (9.4–12.9) 14,737 80	N/A	N/A	11.0 (9.4–12.9) 14,737 80
Difficult cannulation ^b	11.4 (9.2–13.9) 5313 69	N/A	N/A	11.4 (9.2–13.9) 5313 69
No pre-cut sphincterotomy performed on native papilla	7.2 (5.9-8.9) 7436 81	4.4 (3.2-5.8) 31,857 94	<.01	5.5 (4.5-6.7) 39,293 92
Pre-cut sphincterotomy performed on native papilla	14.1 (10.5-18.7) 895 40	9.8 (7.7-12.3) 3826 77	.04	11.1 (9.2-13.4) 4721 71
Pancreatic duct not cannulated	5.5 (3.7-7.9) 1328 32	4.4 (3.1-6.2) 5886 80	.28	4.8 (3.9-5.9) 7214 70
Pancreatic duct cannulated (with guidewire)	14.2 (6.4–28.4) 679 77	12.0 (8.4–16.9) 2193 83	.61	12.8 (9.3-17.3) 2872 84

Subgroup and sensitivity analyses								
Subgroup	Incidence from RCTs % (95% Cl) No. of patients Heterogeneity % (/ ²)	Incidence from observational studies % (95% CI) No. of patients Heterogeneity % (<i>l</i> ²)	Comparison (P value)	Overall incidence (pooled across study designs) % (95% Cl) No. of patients Heterogeneity % (/ ²)				
Pancreatic duct not injected	7.0 (4.9-10.1) 3061	4.5 (3.8-5.2) 12,953	.01	5.3 (4.4-6.5) 16,014				
Pancreatic duct opacified (to any extent) with contrast	85 15.8 (11.5-21.2) 818 48	68 9.6 (7.1-13.0) 4431 81	.01	86 11.7 (9.2-14.6) 5249 80				
Methodologic considerations Primarily North or South American setting(s)	5.6 (4.4–7.1) 7408 86	N/A	N/A	5.6 (4.4–7.1) 7408 86				
Primarily European setting(s)	5.9 (4.5–7.6) 9523 80	N/A	N/A	5.9 (4.5–7.6) 9523 80				
Primarily Asian-Pacific setting(s)	7.1 (6.3–8.0) 35,215 82	N/A	N/A	7.1 (6.3–8.0) 35,215 82				
Median recruitment date between 2000 and 2007	6.3 (5.3–7.5) 13,622 70	N/A	N/A	6.3 (5.3–7.5) 13,622 70				
Median recruitment date between 2008 and 2014	6.7 (5.7–7.8) 18,672 81	N/A	N/A	6.7 (5.7–7.8) 18,672 81				
Median recruitment date between 2015 and 2023	6.2 (5.2–7.5) 16,850 81	N/A	N/A	6.2 (5.2–7.5) 16,850 81				
Multicenter studies	5.9 (5.0–6.8) 29,101 85	N/A	N/A	5.9 (5.0–6.8) 29,101 85				
Single-center studies	7.2 (6.3–8.1) 25,428 79	N/A	N/A	7.2 (6.3–8.1) 25,428 79				
Consensus/ Lexicon definition employed for AEs ^{25,26}	6.5 (5.9–7.1) 39,332 76	N/A	N/A	6.5 (5.9–7.1) 39,332 76				
Non-consensus, unclear, or absent definition of AEs	6.5 (5.2–8.0) 14,218 84	N/A	N/A	6.5 (5.2–8.0) 14,218 84				
Bleeding								
Demographics and procedural indicati Choledocholithiasis	ons 2.6 (1.7–4.0) 2742 77	N/A	N/A	2.6 (1.7–4.0) 2742 77				
Malignant obstruction	0.7 (0.5–1.0) 1155 0	N/A	N/A	0.7 (0.5–1.0) 1155 0				
Procedural parameters								
Sphincterotomy (with CBD guidewire) performed	3.8 (2.3–6.2) 751 0	N/A	N/A	3.8 (2.3–6.2) 751 0				
Sphincteroplasty performed (of intact sphincter)	0.9 (0.5–1.5) 836 0	N/A	N/A	0.9 (0.5–1.5) 836 0				

Subgroup and sensitivity analyses								
Subgroup	Incidence from RCTs % (95% Cl) No. of patients Heterogeneity % (/ ²)	Incidence from observational studies % (95% Cl) No. of patients Heterogeneity % (<i>l</i> ²)	Comparison (P value)	Overall incidence (pooled across study designs) % (95% Cl) No. of patients Heterogeneity % (/ ²				
Sphincterotomy and sphincteroplasty performed	2.4 (1.6–3.4) 534	N/A	N/A	2.4 (1.6–3.4) 534				
Pre-cut sphincterotomy performed	0 2.9 (0.8–9.7) 238 0	N/A	N/A	0 2.9 (0.8–9.7) 238 0				
Methodologic considerations Primarily North or South American setting(s)	2.0 (1.6–2.6) 7886 25	N/A	N/A	2.0 (1.6–2.6) 7886 25				
Primarily European setting(s)	2.6 (1.9–3.6) 8814	N/A	N/A	2.6 (1.9–3.6) 8814				
Primarily Asian-Pacific setting(s)	83 1.5 (1.2–1.9) 22,865 73	N/A	N/A	83 1.5 (1.2–1.9) 22,865 73				
Median recruitment date between 2000 and 2007	2.0 (1.5–2.8) 7064	N/A	N/A	2.0 (1.5–2.8) 7064				
Median recruitment date between 2008 and 2014	47 1.8 (1.4–2.4) 16,302 84	N/A	N/A	47 1.8 (1.4–2.4) 16,302 84				
Median recruitment date between 2015 and 2023	1.8 (1.5–2.3) 15,651 47	N/A	N/A	1.8 (1.5–2.3) 15,651 47				
Multicenter studies	1.5 (1.1–1.8) 26,751 77	N/A	N/A	1.5 (1.1–1.8) 26,751 77				
Single-center studies	2.4 (2.0–2.9) 13,472 68	N/A	N/A	2.4 (2.0–2.9) 13,472 68				
Consensus/ Lexicon definition used for AEs ^{25,26}	1.7 (1.4–2.2) 19,705 76	N/A	N/A	1.7 (1.4–2.2) 19,705 76				
Non-consensus, unclear, or absent definition of AEs	2.0 (1.6–2.5) 20,621 74	N/A	N/A	2.0 (1.6–2.5) 20,621 74				
Cholangitis								
Procedural indications Choledocholithiasis	2.3 (1.5–3.5) 2236 49	N/A	N/A	2.3 (1.5–3.5) 2236 49				
Malignant obstruction	49 8.7 (6.0–12.6) 1539 77	N/A	N/A	49 8.7 (6.0–12.6) 1539 77				
Procedural parameters Biliary stent(s) placed	9.8 (7.0–13.4) 2155 76	N/A	N/A	9.8 (7.0–13.4) 2155 76				
Methodologic considerations Primarily North or South American setting(s)	1.8 (1.0–3.3) 3872 79	N/A	N/A	1.8 (1.0–3.3) 3872 79				

	Subgroup and s	ensitivity analyses			
Subgroup	Incidence from RCTs % (95% Cl) No. of patients Heterogeneity % (/ ²)	Incidence from observational studies % (95% Cl) No. of patients Heterogeneity % (<i>l</i> ²)	Comparison (P value)	Overall incidence (pooled across study designs) % (95% Cl) No. of patients Heterogeneity % (
Primarily European setting(s)	2.7 (1.5–4.9) 6656	N/A	N/A	2.7 (1.5–4.9) 6656	
Primarily Asian-Pacific setting(s)	88 2.7 (2.1–3.5) 17,685 78	N/A	N/A	88 2.7 (2.1–3.5) 17,685 78	
Median recruitment date between 2000 and 2007	2.4 (1.5–3.8) 5294 74	N/A	N/A	2.4 (1.5–3.8) 5294 74	
Median recruitment date between 2008 and 2014	2.3 (1.6–3.4) 11,828 83	N/A	N/A	2.3 (1.6–3.4) 11,828 83	
Median recruitment date between 2015 and 2023	2.8 (1.9–4.1) 9485 83	N/A	N/A	2.8 (1.9–4.1) 9485 83	
Multicenter studies	2.7 (2.0–3.7) 19,055 86	N/A	N/A	2.7 (2.0–3.7) 19,055 86	
Single-center studies	2.4 (1.7–3.3) 9158 73	N/A	N/A	2.4 (1.7–3.3) 9158 73	
Consensus/ Lexicon definition used for AEs ^{25,26}	2.2 (1.7–2.8) 11,860 70	N/A	N/A	2.2 (1.7–2.8) 11,860 70	
Non-consensus, unclear, or absent definition of AEs	3.1 (2.2–4.2) 16,972 87	N/A	N/A	3.1 (2.2–4.2) 16,972 87	

Pairwise analyses							
Comparison	RR of event (95% Cl)	Total number of patients	Number of studies	Heterogeneity % (/²)			
Pancreatitis							
Demographics and procedural indications							
Female sex (versus male sex) ^c	1.39 (1.26–1.53)	39,944 / 39,891	47	36			
Procedural parameters							
Double wire technique used (vs continued standard attempts)	1.75 (0.63–4.86)	317 / 1158	3	49			
Double wire technique used (vs pre-cut sphincterotomy)	1.26 (0.79–2.02)	156 / 159	3	0			
Pre-cut sphincterotomy performed (vs not) ^c	2.07 (1.71–2.50)	4010 / 40,053	32	61			
Pancreatic duct inadvertently cannulated (vs not) ^c	3.26 (2.35–4.50)	2864 / 8217	15	70			
Pancreatic duct opacified to any extent (vs not) ^c	2.27 (1.93–2.68)	5185 / 19,302	28	47			
Sphincterotomy performed (vs sphincteroplasty)	0.85 (0.38–1.93)	1682 / 653	9	54			
Sphincterotomy alone performed (vs sphincterotomy with sphincteroplasty)	1.03 (0.76–1.38)	614 / 564	6	0			

Pairwise analyses							
Comparison	RR of event (95% Cl)	Total number of patients	Number of studies	Heterogeneity % (l ²)			
Interventions to mitigate the risk of PEP Rectal NSAIDs given (vs placebo or none)	0.49 (0.38–0.63)	3471 / 3336	22	49			
Prophylactic pancreatic stent placed (vs none)	0.56 (0.43–0.72)	1845 / 1846	12	25			
Aggressive prolonged intravenous fluids given (vs standard fluids or none)	0.50 (0.33–0.75)	1412 / 1301	9	39			
Bleeding Procedural parameters							
Pre-cut sphincterotomy performed (vs not) ^c	2.17 (0.04–107.16)	238 / 235	3	1			
Sphincterotomy performed (vs sphincteroplasty) ^c	3.03 (0.22–41.97)	332 / 326	3	0			
Sphincterotomy alone performed (vs sphincterotomy with sphincteroplasty) ^c	1.98 (0.96–4.08)	468 / 490	5	0			

NOTE. Boldface values in the pairwise analyses indicate statistically significant findings.

CBD, common bile duct; N/A, not applicable; NSAID, nonsteroidal anti-inflammatory drug.

^aHigh-risk ERCP represents a preselected cohort of patients at higher risk of post-ERCP pancreatitis according to studyspecific eligibility criteria, based on patient- and/or procedure-related predictors. These are provided in the Supplementary Materials.

^bStudy-specific definitions of difficult cannulation provided in the Supplementary Materials.

^cPairwise comparisons of pooled observational data and "observational-type data from RCTs" given that patients were not randomized according to this variable.

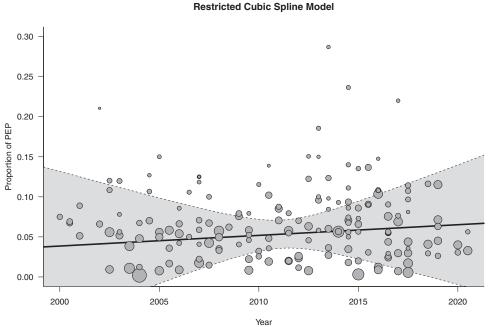


Figure 3. Meta-regression analysis of PEP incidence over time according to median recruitment dates for randomized trials (linear model). CI, -0.27 to 0.39, Figure 3), all-comers only, or first-time patients only, and there was no evidence of a nonlinear relationship from cubic spline analyses (Supplementary Table 8b).

Pairwise Analyses

Pairwise analyses from RCTs are summarized in Table 2, with forest plots provided in Supplementary Figures 86 to 100. Female patients (RR, 1.39; 95% CI, 1.26-1.53 compared with male patients) had a higher risk of PEP. In terms of intraprocedural techniques, patients undergoing pre-cut sphincterotomy (RR, 2.07; 95% CI, 1.71-2.50 compared with none), inadvertent pancreatic duct cannulation (RR, 3.26; 95% CI, 2.35-4.50 compared with none), and pancreatic contrast injection (RR, 2.27; 95% CI, 1.93-2.68 vs none) all had higher risks of PEP (Figure 4). Rectal nonsteroidal anti-inflammatory drugs (RR, 0.49; 95% CI, 0.38–0.63 vs placebo), placement of a prophylactic pancreatic stent (RR, 0.56; 95% CI, 0.43-0.72 compared with none), and administration of aggressive prolonged intravenous hydration (RR, 0.50; 95% CI, 0.33-0.75 vs standard fluids or none) were all efficacious in mitigating PEP (Figure 5). There were no significant comparisons for bleeding and insufficient data to inform pairwise analyses for any other AEs.

Risk of Bias

Detailed risk of bias assessments for RCTs and observational studies are provided in Supplementary Tables 9 and 10, respectively. Overall, 67.8% of RCTs were deemed to be at "low risk" of bias, 20.9% had "some concerns" regarding bias, and 11.3% were deemed to be at "high risk," whereas 61.8% of observational studies were at low risk of bias (8 or 9 on the Newcastle-Ottawa Scale), whereas 38.2% were at moderate or high risk (7 or lower). Specifically, there were concerns with adequacy of follow-up in observational studies. There was visual and statistical evidence of publication bias for most main outcomes, with results of Egger's tests and funnel plots provided in Supplementary Table 11 and Supplementary Figures 101 to 124, respectively.

Certainty of Evidence

A GRADE summary of findings table summarizing the certainty of evidence for pairwise comparisons from RCTs is provided in Supplementary Table 12. Certainty of evidence ranged from very low to high, with the main issues resulting in down-grading being substantial statistical heterogeneity, imprecision, and use of "observational-type data from RCTs" as discussed.

Discussion

In this meta-analysis, we included data from 380 original studies comprising more than 2 million unique patients. There are several key findings. The rate of PEP in all-comers was 5.5% from more than 60 RCTs, and the rate of PEP in first-time ERCP patients was 7.0%, with both estimates being significantly higher than their corresponding values

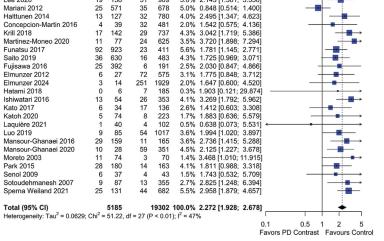
from observational studies (4.1% and 5.2%, respectively). The rates of bleeding, cholangitis, cholecystitis, and perforation were also identified from both RCTs and observational studies. Several risk factors for PEP and bleeding were identified, and several interventions demonstrated efficacy in mitigating PEP from our up-to-date analyses, including rectal nonsteroidal anti-inflammatory drugs, prophylactic pancreatic stent placement, and aggressive prolonged intravenous fluids.

ERCP is complex and is associated with the highest AE risks of all commonly performed gastrointestinal endoscopies. Describing the incidences of and elucidating the risk factors for these AEs has been the primary focus of thousands of observational studies in our field, whereas determining efficacious interventions to mitigate their occurrence has been the focus of hundreds more RCTs. Since the initial descriptions of endoscopic papillary cannulation and development of side-viewing duodenoscopes in the 1960s^{35,36} and subsequent reports of the first pancreaticobiliary therapeutics in the 1970s,^{37,38} ERCP has evolved considerably. Of note, despite more than 2 full generations passing since its inception, the AE profile of ERCP remains high. In a seminal study recruiting more than 2300 patients with native papillae from the early 1990s, Freeman et al³⁹ demonstrated a 5.4% incidence of PEP and a 2.0% incidence of clinically significant bleeding. From large observational studies performed since 2000, we determined a PEP incidence of 5.2% in more than 48,000 patients with native papillae and a bleeding incidence of 1.9%—rates that are remarkably similar. To contextualize this lack of change using examples across similar timeframes from surgical and endoscopic literature, the incidence of bile duct injury with laparoscopic cholecystectomy has decreased 3-fold between 1994 to 2014,⁴⁰ and clinically significant bleeding following routine colonic polypectomy has decreased from 2% to 3% in the late 1990s to now being such a rare outcome that it is difficult to measure and report.41,42 Reasons for these improvements are due to advances in available technologies and techniques responsible for both, guided by increasing user experience and high-quality research. Why is it, then, that incidences of post-ERCP AEs have remained static over similar timeframes despite corresponding improvements in endoscopy technology and techniques? The answer to this question is likely nuanced and multifactorial.

Given the very nature of the procedure and its anatomical target(s), it could be a reality that no matter how much our understanding of ERCP AE mechanisms and risk factors improves, a significant risk of AEs will remain. Even in cases of routine biliary indications for ERCP, the proximity of the pancreatic duct opening to the biliary orifice means that patients will always be at risk of PEP—this is evidenced by cases where, even despite a simple cannulation in a patient with no traditional risk factors, PEP ensues. There is much we have yet to understand regarding the mechanisms of PEP, and much could be explained by anatomical variations and/or abnormalities beyond our control. Similarly, explaining persistently high rates of clinically significant bleeding is multifactorial and could relate in part to

A	D Cannı	ulation	0	ontrol		Risk Ra	atio	Risk Ratio
Study						t IV, Random		
Leerhoy 2016	52	259	25	513	8.4%	4.120 [2.619	: 6,4811	
Abdelfatah 2020	42			1901	8.9%	3.645 [2.517	; 5.279]	i –
Koskensalo 2020	37			1768		3.810 [2.632		
Cardenas-Jaen 2021	29		61	812		6 1.142 [0.748		
Fujisawa 2016 Mariani 2012	20 15		11 20	313 579	0.5%	6 2.108 [1.029 6 4.386 [2.325	8 274	
Hatami 2018	1		20	180		6 2.500 [2.323 6 2.500 [0.327		
Ishiwatari 2016	22		17	293		3.326 [1.835		
Kato 2017	17		6	170		7.896 [3.264		
Kato 2022	31 6		12 7	181 216		6 2.672 [1.419 2.286 (0.702		
Katoh2020 Mansour-Ghanaei 2020			29	374		6 2.286 [0.792 6 3.117 [2.041		
Nambu 2011	2		4	84		6 0.488 [0.092		
Sasahira 2015	50					6 4.702 [2.609		
Sperna Weiland 2021	57	315	12	498	7.2%	6 7.510 [4.095	; 13.770]
Total (95% CI)		2864		8217	100.0%	3.256 [2.354	; 4.504]	
Heterogeneity: Tau ² = 0.2	201; Chi ²	= 46.3	8, df = 14	(P < 0.	.01); I ² =	70%		0.1 0.2 0.5 1 2 5 10
-								PD Cannulation Favours Control
В	D		No Dec	Ct		Dials Datia		Diel: Defie
Study		e-Cut Total E	No Pre vents		Veight	Risk Ratio V, Random, 95		Risk Ratio IV, Random, 95% Cl
Swehn 2012	66	1200	200 4	1410	6.00/	1 400 14 456. 4	0241	
Swahn 2013 He 2015	66 27	1308 156	386 1 199	4078		1.492 [1.156; 1 3.547 [2.453: 5		
Testoni 2010	30	308	106	3155		2.899 [1.967; 4		-
Koskensalo 2020	28	132		1868		4.774 [3.231; 7		
Testoni 2011 Funatsu 2017	11 0	170 18		1834 1316		2.373 [1.260; 4 0.308 [0.020; 4		
Lee 2020 GL2	18	94		1097		2.360 [1.489; 3		
Saito 2019	7	49		1064	3.4%	3.378 [1.607; 7	.101]	→
Kwak 2020	0	36		1061		0.786 [0.048; 12		• • •
Cardenas-Jaen 2021 Colton 2009	9 2	93 26	61 24	1057 779	3.8%	1.677 [0.861; 3 2.497 [0.623; 10	0.267]	
Siiki 2012	6	99	10	726		4.400 [1.635; 11		
El-Nakeeb 2016	26	278	76	716		0.881 [0.577; 1		
Nishikawa 2014 Fujisawa 2016	7	62 9	19 30	681 583		4.047 [1.770; 9 2.159 [0.329; 14		
Concepcion-Martin 2016	5	78	30	432		0.893 [0.358; 2		
Andriulli 2004	10	89		1038		2.201 [1.160; 4		
Beauchant 2008	10	31	15	177		3.806 [1.884; 7		
Choi 2017 Huang 2018	5 0	36 2	31 9	438 153		1.962 [0.813; 4 3.232 [0.251; 41		
Kamal 2019	15	199	48	760	4.5%	1.193 [0.683; 2	.086]	
Kapetanos 2007	2	59	12	261	1.3%	0.737 [0.170; 3	.207]	
Kato 2017	2	9	21	161		1.704 [0.471; 6		
Katoh2020 Kobayashi 2013	1 0	19 11	12 12	278 187		1.219 [0.167; 8).652 [0.041; 10		
Luo 2016	31	323		2277		1.884 [1.290; 2		
Luo 2019	19	135		1013		2.337 [1.442; 3		
Mansour-Ghanaei 2020 Moreto 2003	10 3	74 17	70 11	511 127		0.986 [0.533; 1 2.037 [0.631; 6		
Park 2015	12	63	30	280		1.778 [0.965; 3		
Senol 2009	5	22	5	58		2.636 [0.845; 8		
Uchino 2013	0	5	34	477	0.4%	1.258 [0.088; 18	3.029] ←	• •
Total (95% CI) Heterogeneity: Tau ² = 0.10		4010	4	0053 1	00.0%	2.068 [1.713; 2	.497]	•
Heterogeneity: Tau = 0.10	63; Chi =	79.94, 0	11 = 31 (P	< 0.01)	1 = 01%	•	0.1	0.5 1 2 5
•								Favors Pre-Cut Favors No Pre-Cut
C								
Study	PD Co Events			ontrol Total	Weiaht	Risk Rat IV, Random,		Risk Ratio IV, Random, 95% Cl
Koskensalo 2020 Abdelfatah 2020	13 26	61 158	98 81	1939 2080		4.217 [2.508; 4.226 [2.801;		
Testoni 2010	59	660	76	2706	7.0%	3.183 [2.290;	4.424]	
Cardenas-Jaen 2021	16	217	54	933		1.274 [0.744;		
Lee 2020 Mariani 2012	19 25	158 571	51 35	909 678	5.0%	2.143 [1.301; 0.848 [0.514;	3.530]	
Halttunen 2014	25	127	35	678 780		2.495 [1.347;		
Concepcion-Martin 2016		39	32	481	2.0%	1.542 [0.575;	4.136]	
Krill 2018	17	142	29	737	4.3%	3.042 [1.719;	5.386]	
Martinez-Moneo 2020 Funatsu 2017	11	77	24	625		3.720 [1.898;		
Funatsu 2017 Saito 2019	92 36	923 630	23 16	411 483		1.781 [1.145; 1.725 [0.969;		
Fujisawa 2016	25		6	191		2.030 [0.847;		
Elmunzer 2012	6	27	72	575	3.1%	1.775 [0.848;	3.712]	
Elmunzer 2024	3	14	251	1929		1.647 [0.600;		
Hatami 2018	0	6	7	185		1.903 [0.121;]		

Figure 4. Forest plots demonstrating the relative risks of PEP with commonly performed intraprocedural techniques: (A) pancreatic duct cannulation (vs none); (B) pre-cut sphincterotomy (vs none); and (C) pancreatic duct opacification (any vs none).

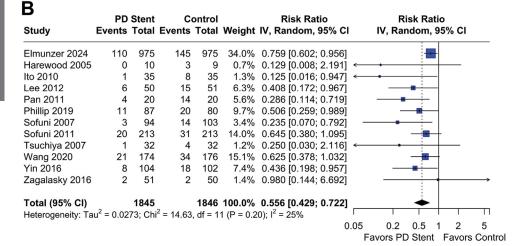


223 102

Hatami 2018 Ishiwatari 2016 Kato 2017

Katoh 2020 Laquière 2021

Α	N	SAIDs	C	ontrol		Risk Ratio	Risk Ratio
Study			_		Weight	IV, Random, 95% (
Andrade-Dávila 2015	4	82	17	84	3.3%	0.241 [0.085; 0.686	6] ←
Dobronte 2014	20	347	22	318	5.8%	0.833 [0.464; 1.497	7]
Elmunzer 2012	27	295	52	307	6.9%	0.540 [0.349; 0.836	Sī —
Hosseini 2016	11	100	17	100	5.0%	0.647 [0.319; 1.311	ij — 🔚 —
Katoh 2020	8	147	5	150	3.1%	1.633 [0.547; 4.875	51
Katsinelos 2012	12	255	27	260	5.3%	0.453 [0.235; 0.875	
Khoshbaten 2008	2	50	13	50	2.1%	0.154 [0.037; 0.647	
Levenick 2016	16	223	11	226	4.8%	1.474 [0.700; 3.105	51
Li 2019	6	50	16	50	4.2%	0.375 [0.160; 0.880	
Lua 2015	7	69	4	75	2.8%	1.902 0.582; 6.216	
Mansour-Ghanaei 2016	12	172	28	152	5.4%	0.379 [0.200; 0.718	
Masjedizadeh 2017	16	62	20	62	6.0%	0.800 [0.459; 1.394	i i i i i i i i i i i i i i i i i i i
Mok 2017	9	96	19	96	4.8%	0.474 [0.226; 0.994	ні — 💼 —
Montano Loza 2007	4	75	12	75	3.1%	0.333 [0.113; 0.987	n
Murray 2003	7	110	17	110	4.2%	0.412 [0.178; 0.953	31
Otsuka 2012	2	51	10	53	2.0%	0.208 [0.048; 0.903	3] ← ■
Patai 2015	18	270	37	269	6.1%	0.485 [0.283; 0.830	
Patil 2016	6	200	23	200		0.261 0.109; 0.627	
Shafique 2016	9	54	22	54	5.2%	0.409 0.208; 0.806	
Sotoudehmanesh 2007	7	221	15	221		0.467 [0.194; 1.122	
Wang 2020	9	176	34	176	5.0%	0.265 [0.131; 0.535	
Wu 2023	22	366	48	248	6.6%	0.311 [0.193; 0.501	i —
Total (95% CI)		3471		3336	100.0%	0.487 [0.378; 0.628	3] 📥
Heterogeneity: Tau ² = 0.1	680; Chi ²	= 41.00), df = 21				· []]]
							0.1 0.5 1 2 5
							Favors NSAIDs Favors Contro



С Aggressive Fluids Control **Risk Ratio Risk Ratio** Study Events Total Events Total Weight IV, Random, 95% CI IV, Random, 95% CI 1.4% 0.066 [0.004; 1.174] Buxbaum 2014 0 39 23 4 Chang 2022 14 100 15 100 14.6% 0.933 [0.476; 1.830] Choi 2017 11 255 25 255 14.3% 0.440 [0.221; 0.875] Ghaderi 2019 7 120 19 120 11.3% 0.368 [0.161; 0.844] Hajalikhani 2018 107 3 2.2% 0.349 [0.037; 3.302] 1 112 Masiedizadeh 2017 20 0.400 [0.191: 0.839] 8 62 62 13.1% Park 2018 A 266 15 129 13.7% 0.420 [0.206: 0.857] 13 Shaygan-Nejad 2015 4 75 17 75 8.2% 0.235 [0.083: 0.666] Sperna Weiland 2021 30 388 39 425 21.2% 0.843 [0.534; 1.329] Total (95% CI) 1412 1301 100.0% 0.500 [0.334; 0.747] Heterogeneity: Tau² = 0.0893; Chi² = 13.09, df = 8 (P = 0.11); I² = 39% 0.05 0.5 2 5 1 Favors Aggressive Fluids Favors Control

Figure 5. Forest plots demonstrating the RR reductions in PEP with interventions studied to mitigate its effect in randomized trials: nonsteroidal (A) antiinflammatory drugs given per rectum (vs none or placebo); (B) pancreatic duct stenting (vs none); and (C) aggressive prolonged intravenous fluids (vs none or standard fluids).

suboptimal peri-procedural management of antithrombotic agents, especially antiplatelet medications.⁴³ These factors in addition to the known challenging learning curve associated with ERCP training¹⁻³ can partially explain

persistently high AE rates. Second, ERCP today is performed almost exclusively for therapeutic indications, whereas a generation ago, a typical ERCP case mix would comprise both diagnostic and therapeutic indications.⁷ Thus, it is plausible that background improvements in technology, available equipment, and techniques could be offset by higher baseline risks of interventions we are now performing in far greater proportions. Third, it is possible that current ranges of ERCP AEs encountered are potentially the result of between-provider variability, with both low endoscopist and low center volumes being directly correlated.^{10,11} Although this variability is disconcerting, these data suggest that there are potential interventions that could modify outcomes, and these could include efforts to re-centralize provision of ERCP and/or distribution of audit and feedback measures (ie, report cards) or educational interventions, that, although proven beneficial in other endoscopic domains,^{44,45} remain relatively understudied in ERCP.⁴⁶ Researching such interventions is crucial given the substantial morbidity, mortality, and health care burden associated with ERCP AEs.

Being armed with precise estimates of ERCP-associated AE risk is crucial for any endoscopist performing the procedure for 3 main reasons. The first is to be able to engage in detailed informed consent discussions with patients on both global and specific risks. For this reason, we identified several important risk factors for specific AEs and reported subgroup-specific incidence estimates across these relevant patient- and procedure-related factors in addition to providing estimates of comparative risk. This will hopefully result in a clearer understanding of these higher-risk groups for both patients and endoscopists. The second reason this is important, beyond consent, is that endoscopists performing ERCP on such higher-risk patients should use evidence- and guideline-based strategies to mitigate their risk, wherever possible.⁴⁷⁻⁵⁰ A final reason is that precise estimates in various contexts are also crucial for the estimation of sample sizes in the conduct of clinical research. Several systematic reviews and meta-analyses have been published regarding ERCP AEs; however, all have been more focused in scope, and none to our knowledge have attempted to synthesize available data on all common ERCP-related AEs. The largest reviews to date have focused on PEP alone. Our study is the most comprehensive review of ERCP-associated AEs performed to date.

We made the decision a priori to include data from both RCTs and large observational studies, and to report results both separately and pooled together, where appropriate. The rationale behind this decision is important. In our study, in which estimates of AE incidences were the primary outcome, one can argue that RCT data and observational data should be treated no differently, hence the decision to pool these data together in the reporting of our results. However, we also felt it was important to provide readers with statistical comparisons between incidence estimates derived from RCTs vs observational studies. It is well established that estimates derived from RCTs can vary considerably because of important differences in underlying populations included,²⁵ outcomes ascertainment approaches,²⁶ and event reporting,²⁷ among other factors. Conversely, observational data, especially when it comes to granular intraprocedural parameters in ERCP, can be skewed for numerous reasons, including self-reporting bias

and retrospective bias, among others.⁵¹ Indeed, statistically significant and clinically important differences existed between these groups in our results, likely pointing to considerable variability in underlying methodological approaches, as outlined previously. As might be expected, estimates of AE incidences were consistently higher from pooled RCT data. RCTs generally have more rigorous outcome definitions and protocolized follow-up, collectively increasing the likelihood of AE detection that is lacking in observational studies. However, trials also likely represent more complex case mixes than are seen in routine clinical practices owing to the higher likelihood of participation by academic (ie, tertiary or quaternary) centers. Thus, true incidences likely lie in between these 2 estimates, and it is crucial to have both to fully understand the spectrum of ERCP-associated AEs. Ultimately, these estimates are meant to provide a guide to endoscopists performing ERCP, who can then best estimate the risk for a given patient only after considering all patient-, procedure-, and endoscopist-related factors.

In addition to the preceding decision and associated rationale, our study has additional strengths. We made the decision to include only studies inclusive of ERCPs primarily performed after the year 2000. This is important given that (1) before 2000, ERCP volumes in the United States comprised large proportions of diagnostic procedures, whereas today, ERCP is performed almost exclusively for therapeutic indications,⁷ and (2) procedures performed before 2000 are not representative of modern equipment and newer techniques-for example, it is of questionable relevance to cite AEs from a study performed more than 40 years ago to inform a discussion of risks with a patient in 2024. In addition, we performed meticulous data extraction and categorization of patients, procedural characteristics, and outcomes, allowing the identification of all-comers, patients undergoing initial ERCP (ie, those with native papillae), and high-risk patients with high degrees of confidence. Furthermore, we opted to include both arms of RCTs in our calculations of pooled AE incidences rather than placebo-only arms, as has been done in a prior meta-analysis.¹² We did this in an effort to have our results reflect accurate contemporary practices, both in terms of realistic variations in intraprocedural techniques performed and inconsistent usage of available interventions to mitigate PEP, which has been reliably demonstrated.^{52,53} Finally, we analyzed and reported our results by relevant subgroups, which has not been done to this extent in prior evidence syntheses.^{12,17} This is critical to help endoscopists offer tailored discussions of risks for patients undergoing ERCP and to assist them in making decisions regarding mitigating strategies and/or closer monitoring for patients at higher risk.

Our study also has limitations. First, there was substantial to considerable statistical heterogeneity in several of our pooled estimates. This is unsurprising given the large number of included studies, many of which were aimed at investigating the effects of interventions or at determining AEs within specific populations. We attempted to elucidate potential sources of this heterogeneity by performing several subgroup and sensitivity analyses. We also performed univariable meta-regression, which demonstrated that differences in mean age of participants may have contributed to the heterogeneity observed in the estimates of pancreatitis and cholangitis. However, despite adjustments for sex and trainee involvement (in addition to mean age of participants), there still remained substantial heterogeneity in the incidence of AEs between included studies. Second, we elected to not include conference abstracts. We felt inclusion of gray literature would have introduced another potential source of heterogeneity because of absence of detailed methodology and outcome definitions. However, we acknowledge that although this decision may have reduced heterogeneity, it may have also introduced potential publication bias. Finally, although our decision to set a minimum threshold of patients for included observational studies was made to mitigate potential biases introduced due to small-study effects and our rare outcome, we acknowledge that we may not have captured smaller studies addressing some subgroups of interest, such as bleeding in those with liver disease or those on antithrombotic medications, AEs in patients with primary sclerosing cholangitis or in patients undergoing cholangioscopy, or AEs in patients undergoing ERCP with novel duodenoscope designs.

To conclude, our study provides contemporary data informing estimated incidences of all common ERCP-related AEs as well as estimates of the magnitude of risk associated with several clinically relevant patient- and procedurerelated factors. These results are important to patients, endoscopists, and policy makers, to raise awareness and facilitate implementation of evidence-based interventions to mitigate risk.

Supplementary Material

Note: To access the supplementary material accompanying this article, visit the online version of *Gastroenterology* at www.gastrojournal.org, and at https://doi.org/10.1053/j.gastro.2024.10.033.

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Conflicts of interest The authors disclose no conflicts.

Data Availability

All source data in this study are available from the original publications. All analytic methods and study materials can be made available upon request on a case-by-case basis depending on the purpose. Such requests can go to the corresponding author.